



Personal Empowerment (Becoming powerful to set & achieve goal)



Personal empowerment is about looking at who we are and becoming more aware of ourself as a unique individual. Personal empowerment involves developing the confidence and strength to set realistic goals and fulfill our potential.

A person aiming for empowerment is able to take control of his life by making positive choices and setting goals. Taking steps to set and achieve goals - both short and longer-term and developing new skills, acts to increase confidence which, in itself, is essential to self-empowerment. The following business savants, who lead the kind of glamorous life today that millions covet, certainly know how to convert hardships into softships.

Howard Schultz - Starbucks	Sabeer Bhatia - Hotmail
Oprah Winfrey - Harpo Productions	Sachin & Binny Bansals - Flipkart
Larry Ellison - Oracle	Pahnindra Reddy Sama - Redbus
Jeff Bezos - Amazon	Kiran Mazumdar - Biocon
Jan Koum - Whatsapp	P.C.Mustafa - ID Special Foods

This 6 hours workshop is specially designed to impart the importance of setting and achieving goals and will focus on the following:

- Why are goals important?
- Why don't more people set goals?
- How to set goals?
- What are the ways to achieve your goals by:
 - ❖ Identifying the most common de-motivating factors
 - ❖ Eliminating self-imposed limitations.
 - ❖ Practicing the habit of live in the present.
 - ❖ Programming sub-conscious mind to achieve

Facilitator: Mr.S.Dharmalingam - A graduate in Economics - co-founder of Quantum Leap Academy - trained thousands of people on spoken English and soft skills for companies like Hyundai, Salcomp, Apollo Tyre, MRF Tyre, UCAL, Asian Paints, Igarashi Motors, Gates Unitta, Turbo Energy Limited, Sundram Fasteners, Sundram Brake Lining, Greaves Cotton, Wonjin Autoparts, Sodecia, Convenio Food, Nokia, TVS Rubber, ATV Manufacturing, MATE, Shanmuga Precision Forging, Scigenics, SFA Tech. Creations, Srinivas Fine Arts, S&T Engineers, Krishnaveni Carbons, Integra Automation, Ampo Valves, Perfect Engineers, Vasantha Advance Systems, Vamara Techware, etc. & Educational institutions like IRT, Sri Ramakrishna Polytechnic, Dr.MGR University, DMI College of Engineering, SSK Coimbatore, Sardar Raja Engineering College, Tirunelveli, ES College of Engineering Villupuram, Kongu College of Engineering, Indian Public School, Doha, Qatar, etc.

This can be conducted for a group of 30 people at your place @ Rs.10,000/- per day which includes our faculty and transportation charges.

Please contact further details on: +9841056077 or quantumleapacad@gmail.com